

WHO LIST

The following is the World Health Organization's now famous list of diseases that lend themselves to treatment by acupuncture. The inclusion of herbal remedies in a scope of practice may broaden the range of disorders that may be successfully treated.

Cardiovascular Disorders

- Essential hypertension

Neurological Disorders

- Cervicobrachial syndrome
- Disc problems
- Facial palsy (early stage, within three to six months)
- Headache and migraine
- Intercostal neuralgia
- Meniere's Disease
- Neurogenic bladder dysfunction
- Nocturnal enuresis
- Paresis following stroke
- Peripheral neuropathies
- Trigeminal neuralgia

Musculo-skeletal Disorders

- Arthritis
- Fibromyalgia
- "Frozen shoulder", "tennis elbow"
- Localized traumatic injuries, sprains, strains, tendonitis, contractures
- Low back pain
- Muscle pain, swelling, stiffness and weakness
- Osteoarthritis
- Sciatica
- Work and sports related injuries

Respiratory System Disorders

- Acute bronchitis
- Acute rhinitis
- Acute sinusitis
- Acute tonsillitis
- Bronchial asthma
- Common cold

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Disorders of the Eye, Ear, Nose & Mouth

- Acute and chronic pharyngitis
- Acute conjunctivitis
- Cataract (without complications)
- Central retinitis
- Gingivitis
- Myopia (in children)
- Toothaches, post extraction pain

Gastrointestinal Disorders

- Acute and chronic colitis
- Acute and chronic gastritis
- Acute bacillary dysentery
- Acute duodenal ulcer (without complication)
- Chronic duodenal ulcer (pain relief)
- Constipation
- Gastric hyperacidity
- Gastroptosis
- Diarrhea
- Hiccough
- Irritable bowel and colitis
- Paralytic ileus
- Spasms of esophagus and cardia

Gynecological Disorders

- Benign amenorrhea
- Benign irregular menstruation
- Dysmenorrhea
- Infertility (Not WHO recognized. Clinical experience proves effective.)
- Menopause syndrome
- PMS

Psychological Disorders

- Anxiety
- Depression
- Hypersomnia
- Insomnia
- OCD
- PTSD
- Somatization disorder

Other Disorders

- Appetite suppression